



All Athletes MUST be registered on the state system before trying out for ANY Team

This REPLACES the WHS Try-out Packet

2015-2016 School Year.

FALL SEASON

July 27th- Cross Country & B. Golf
Aug. 3rd- G.Soccer & G. Tennis
Aug. 3rd- or before equipment-Football
Aug. 10th - Volleyball

WINTER SEASON

Oct.5th- Swimming
Nov.2nd -Drill Team
Nov.9th-Basketball/Wrestling

SPRING SEASON

February 29th
Baseball, Softball, G.Golf,
B.Tennis, B. Soccer
Track & Field

3 Easy steps

1) Register My Athlete (See Instructions on back side)

- to <http://registermyathlete.com/schools/>

2) Physicals & Grades

- Turn in your physical ***BY EITHER*** email to whsathletics@alpinedistrict.org or bring to the athletic office C225 TO HAVE SCANNED, or upload yourself to RMA all 4 PAGES PLEASE!
- Athletes turn in your last completed term report card (Spring-2nd qtr. After Jan. 15th) You can print and bring in to the athletic office or email to whsathletics@alpinedistrict.org.
 - REPORT CARDS ARE ONLY ACCEPTED:
 - On skyward go to Portfolio> attachments> report card template

3) Clearance

- Once the athletic office has received the above information and your registration is complete, you will be cleared within one/two weeks depending on time demand.

DON'T WAIT UNTIL THE LAST MINUTE~ GET REGISTERED TODAY!

Please call with any questions the athletic office @ 801-610-8815 #321 or email whsathletics@alpinedistrict.org.



Instructions for Parents/Athletes

Register My Athlete allows parents to register their athletes for sports online. Here are some basic steps to follow when registering your athlete for the first time:

- 1. Find Your School:** Find your school by going to <http://registermyathlete.com/schools/> selecting your state, and finding your school. Click on the school to continue to the next step.
- 2. Create an account:** Now begin creating your account by clicking the **“Create an Account”** button. After filling in the required information the system will automatically log you in and you will be required to accept the terms of use.
- 3. Add a new athlete:** The next step is to add an athlete. You can do so by click the **“My Athletes”** tab on the left-hand side of the page or by clicking **“Add Athlete”** underneath the **“My Athletes”** tab. This only needs to be done once during your athlete's entire career. The information entered here will carry over from year to year. This information includes your athlete's contact information and medical information.
- 4. The athlete's profile:** After you've created your athlete you will be brought to their **Profile page**. This page is a summary of their info and involvement.
- 5. Register for a sport:** Click **“+ Register For A Sport”** to begin registration, you will be asked to choose which sport your athlete is registering for.
- 6. Your registration checklist:** This page shows the status of your athlete's registration. You will be asked to complete several steps to complete registration including agreeing to documents, completing the physical, and answering the UHSAA's tryout checklist.
- 7. Physicals:** You must **print** off the physical forms required by your school **and return them to your school** and they will upload them to your registration. **Parents CAN** upload physicals to their registrations. **Email to whsathletics@alpinedistrict.org or take to athletic office C225 MAKE SURE YOU HAVE BOTH PAGES.**
- 8. Complete registration:** Your registration is complete once all items on the check list have been completed.
- 9. After registration:** After registration is complete, you can login at any time to view the Status of your athlete and their participation on the team. **Please allow 1-2 weeks for the athletic office to clear your athlete~ DO NOT WAIT UNTIL THE WEEK OF TRY-OUTS!**

Additional Athletes

If you have additional athletes to register, you can repeat steps 3-8 for them under your same account.

Future Seasons & Years

During the following years, once your athlete has been added to your account, you only need to follow steps 5-8 to register for sports.