



# WESTLAKE CLUBS and ACTIVITIES

*Make friends, share interests and join the fun*

<i>DECA</i>	gpag@alpinedistrict.org	<i>Geary Page</i>
<i>FBLA</i>	btest@alpinedistrict.org	<i>Ben Test</i>
<i>FCCLA</i>	somet@alpinedistrict.org	<i>Shanna Omer/Christine Holt/Candace Wilson</i>
<i>FFA</i>	mgowans@alpinedistrict.org	<i>Mike Gowans</i>
<i>Gaming and Networking</i>	btest@alpinedistrict.org	<i>Ben Test</i>
<i>HOSA</i>	kadams@alpinedistrict.org	<i>Kristen Adams</i>
<i>National Honor Society</i>	haustir@alpinedistrict.org	<i>Kirsten McHugh/ Heather Austin</i>
<i>Skills USA</i>	dedwards@alpinedistrict.org	<i>Rebecca Dajany/ Darrin Edwards/Mike Taylor</i>
<i>Key Club</i>	jmeek@alpinedistrict.org	<i>Justin Meek</i>
<i>Math Club</i>	tjones@alpinedistrict.org	<i>Troy Jones</i>
<i>Harry Potter Club</i>	mfuller@alpinedistrict.org	<i>Meghan Fuller</i>
<i>LaCrosse</i>	ljones@alpinedistrict.org	<i>Leslie Jones</i>
<i>Chinese Club</i>	ptan@alpinedistrict.org	<i>Patsy Tam</i>
<i>Thunderzone</i>	npickett@alpinedistrict.org	<i>Nate Pickett</i>
<i>Thunder Radio</i>	npickett@alpinedistrict.org	<i>Nate Pickett</i>
<i>Island Teens Against Tobacco</i>	abutler@alpinedistrict.org	<i>Anna Butler</i>
<i>Gay Straight Alliance</i>	eminer@alpinedistrict.org	<i>Cathy Miner</i>
<i>Journalism Club</i>	arallison@alpinedistrict.org	<i>Asenath Rallison</i>
<i>Congressional Award Club</i>	moconnor@alpinedistrict.org	<i>Mike O'Connor/Erin Davis</i>
<i>Hui Polenisia (Polynesian)</i>	lsaaga@alpinedistrict.org	<i>Leone Saaga</i>
<i>Mountain Bike Team</i>	Smardesich@alpinedistrict.org	<i>Sharon Mardesich</i>
<i>Hike Wasatch Club</i>	abutler@alpinedistrict.org	<i>Anna Butler</i>
<i>Physics &amp; Engineering Club</i>	gfluckinger@alpinedistrict.org	<i>Gordon Fluckiger</i>
<i>Thors Photographers</i>	npickett@alpinedistrict.org	<i>Nathan Pickett</i>
<i>Harry Potter Club</i>	mfuller@alpinedistrict.org	<i>Meghan Fuller</i>

<i>Comic Team</i>	mbenson@alpinedistrict.org	<i>Mariah Benson</i>
<i>Thors Squad</i>	edavis@alpinedistrict.org	<i>Erin Davis</i>
<i>Art Club</i>	kboyles@alpinedistrict.org	<i>Kelly Boyles</i>
<i>Thunder Ultimate (frisbee)</i>	rlambert@alpinedistrict.org	<i>Rebecca Lambert</i>
<i>Drama Club</i>	amorrey@alpinedistrict.org	<i>Amy Morrey</i>
<i>Westlake Buddies</i>	lmclure@alpinedistrict.org	<i>Loretta McClure</i>
<i>Current Issues Club</i>	dmorris@alpinedistrict.org	<i>Josh Morris</i>
<i>Latinos in Action</i>	staylor@alpinedistrict.org	<i>Stephanie Taylor</i>
<i>*Ballroom Dance</i>	jsosa@alpinedistrict.org	<i>Jeffrey Sosa</i>
<i>Band</i>	bmangelson@alpinedistrict.org	<i>Brek Mangelson</i>
<i>*Cheer</i>	bfisher@alpinedistrict.org	<i>Burgundy Fisher</i>
<i>*Color Guard</i>	bmangelson@alpinedistrict.org	<i>Brek Mangelson</i>
<i>*Dance Company</i>	cbudge@alpinedistrict.org	<i>Chelsea Budge</i>
<i>Debate</i>	smansfield@alpinedistrict.org	<i>Scott Mansfield</i>
<i>*Musical Theater</i>	amorrey@alpinedistrict.org	<i>Amy Morrey</i>
<i>Orchestra</i>	bheywood@alpinedistrict.org	<i>Brandon Heywood</i>
<i>*ProStart</i>	cwilson@alpinedistrict.org	<i>Candace Wilson</i>
<i>*Yearbook</i>	rdajany@alpinedistrict.org	<i>Rebecca Dajany</i>
<i>*Choir</i>	mhatch@alpinedistrict.org	<i>Maureen Hatch</i>
<i>*Student Council</i>	ygarrison@alpinedistrict.org	<i>Jonathan Garrison</i>
<i>*Alliance Dance</i>	cbudge@alpinedistrict.org	<i>Chelsea Budge</i>
<i>*Thunder Events Crew</i>	smardesich@alpinedistrict.org	<i>Sharon Mardesich</i>

\*tryout necessary or prerequisite required

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## *NCEI: National Center for Education Statistics*

### **Is participation in extracurricular activities related to students' success in school?**

Indicators of successful participation in extracurricular activities in school include consistent attendance, academic achievement, decrease in anxiety and aspirations for continuing education beyond high school. Extracurricular participants reported better attendance than their non-participating classmates--half of them had no unexcused absences from school and half had never skipped a class, compared with one-third and two-fifths of non participants, respectively. Participants were also more likely than nonparticipants to aspire to higher education: two-thirds of participants expected to complete at least a bachelor's degree while about half of nonparticipants expected to do so.

It cannot be known from these data, however, whether participation leads to success, successful students are more inclined to participate, or both occur.

**<https://nces.ed.gov/pubs95/web/95741.asp>**